

# COLD & FLU 101

## HAND HYGIENE TIPS

Keeping hands clean through improved hand hygiene is one of the most important steps we can take to avoid getting sick and spreading germs to others.

—Centers for Disease Control and Prevention\* <https://www.cdc.gov/handwashing/when-how-handwashing.html>



### HOW TO WASH YOUR HANDS

Proper hand washing and sanitizing can help **prevent the spread of infection.**

①



**WET** your hands with clean, running water and apply soap.

②



**LATHER** your hands by rubbing them together with the soap.

③



**SCRUB** your hands for at least 20 seconds.

④



**RINSE** your hands well under clean, running water.

⑤



**DRY** your hands using a clean paper towel.

### HOW TO SANITIZE YOUR HANDS

①



**APPLY** hand sanitizer to the palm of one hand.

②



**RUB** hands together.

③



**CONTINUE** to rub hands together, ensuring the sanitizer covers all surfaces of your hands and fingers, until your hands are dry.

Prevention is in Your Hands

Source: <https://www.cdc.gov/features/handwashing/>

# GP PRO helps you stay healthy during cold and flu season.

| Mfr. No.                             | Product Description  | Color             |
|--------------------------------------|--|-------------------|
| <b>Soap and Sanitizer Dispensers</b> |  |                   |
| 52060                                | enMotion® Gen 2 Automated Touchless Soap & Sanitizer Dispenser | Brushed Stainless |
| 52057                                | enMotion® Gen 2 Automated Touchless Soap & Sanitizer Dispenser | Black             |
| 52056                                | enMotion® Gen 2 Automated Touchless Soap & Sanitizer Dispenser | Gray              |
| 52058                                | enMotion® Gen 2 Automated Touchless Soap & Sanitizer Dispenser | White             |



| Mfr. No.                          | Product Description  |
|-----------------------------------|--|
| <b>Soap and Sanitizer Refills</b> |  |
| 42714                             | enMotion® Gen 2 Moisturizing Gentle Foam Soap Dispenser Refill, Dye and Fragrance-Free |
| 42334                             | enMotion® Gen 2 Moisturizing Foam Sanitizer Dispenser Refill, Fragrance-Free           |
| 43341                             | Pacific Blue Select™ Countertop Gel Hand Sanitizer, Dye and Fragrance-Free             |
| 44331                             | Pacific Blue Select™ E-3 Rated Countertop Foam Hand Sanitizer, Dye and Fragrance-Free  |
| 43461                             | Pacific Blue Select™ Countertop Moisturizing Lotion, Unscented                         |
| 48003                             | Pacific Blue Select™ Personal Size Foam Hand Sanitizer, Dye and Fragrance-Free         |
| 50439                             | Hand Sanitizer Tall Stand –White   |
| 50440                             | Hand Sanitizer Tall Stand –Black   |



| Mfr. No.                      | Product Description  | Color |
|-------------------------------|--|-------|
| <b>Paper Towel Dispensers</b> |  |       |
| 59462A                        | enMotion® Impulse® 10" 1-Roll Automated Touchless Roll Paper Towel Dispenser | Black |
| 59407A                        | enMotion® Impulse® 10" 1-Roll Automated Touchless Roll Paper Towel Dispenser | White |
| 59460A                        | enMotion® Impulse® 10" 1-Roll Automated Touchless Roll Paper Towel Dispenser | Gray  |



| Mfr. No.                   | Product Description                               |
|----------------------------|---|
| <b>Paper Towel Refills</b> |   |
| 89460                      | enMotion® White High Capacity Roll Towel          |
| 89470                      | enMotion® White High Capacity Recycled Roll Towel |
| 89480                      | enMotion® Brown High Capacity Roll Towel          |



| Mfr. No.             | Product Description                                  |
|----------------------|--|
| <b>Facial Tissue</b> |  |
| 46580                | Angel Soft Professional Series® Facial Cube          |
| 48560                | Angel Soft Ultra Professional Series® Facial Flat    |
| 48550                | Angel Soft Professional Series® Facial Personal Pack |
| 47580                | Angel Soft Professional Series® PolyFlex®            |



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Choose **GP PRO products** to help reduce the spread of colds and flu viruses.

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