



MATRIX  
**VICTORY  
STARTS  
HERE**

COACHES BROCHURE



A photograph of a gym interior featuring several Matrix brand power racks. The racks are filled with various colored weight plates (green, yellow, red, black). In the background, there are treadmills and other exercise machines. Large windows on the left side of the gym provide natural light. The overall scene is a well-equipped fitness facility.

**MAXIMIZE  
ATHLETIC  
POTENTIAL**





Since no one works harder than your athletes, make sure Matrix is there to make the most out of every drop of sweat sacrificed in the name of victory. Our exclusive S-Drive™ and S-Force™ Performance Trainers leverage advanced sports science to unleash athletic explosiveness like never before. The time-tested, high-performance designs of our strength series help athletes get more out of every press and squat, with better results and less aches and pains. Best of all, every piece can be customized to fit your needs and team style. Choose Matrix to help your athletes seize their ultimate physical potential.





**WINNING**



**TAKES**



**WORK**





It doesn't happen on the field or the court or the track if it doesn't happen in the training room. It starts long before the lights go on or the crowds arrive. It takes days that begin before dawn and workouts that never seem to end. It repays sacrifice with punishing drills, and it rewards achievement with rising expectations. On its best days, it batters bodies and bruises egos. Any athlete can tell you. Winning hurts. Sometimes there is only one thing that keeps them going: **LOSING HURTS EVEN MORE.**



# A TEAMMATE. FOR THE COMPETITION BEFORE THE COMPETITION.

When you choose Matrix, you're getting more than the world's finest athletic training equipment. You're getting a teammate that will be there every step of the way as you strive for victory. Together, we can redefine the way your athletes attack the competition before the competition, and set a new standard for how they perform when it's finally game time.



3D Rendering

Completed Installation





## **FACILITY PLANNING**

Your space. Your goals. Your team. We'll help bring your training facility to life from your earliest ideas to the day your athletes put it to work.

## **CERTIFIED INSTALLATIONS / PREVENTIVE MAINTENANCE PROGRAMS**

Maximize uptime. Optimize your investment. We provide all the tools you need to make sure your athletes have continuous access to the training equipment they need to become great.

## **INDUSTRY-LEADING WARRANTIES**

Our promise of quality to you. We offer all of the protection you need to choose confidently — and know that you've chosen wisely.

## **DEDICATED SALES & SUPPORT**

Our internal teams will work with you to help your team reach its unique goals. We'll help you choose the ideal mix of equipment for your athletes and work with you to update and enhance as your goals expand.

## **FINANCING / LEASING**

Whenever possible, we work with your team to develop financial solutions that expand your training options and maximize your investment.

## **UNMATCHED CUSTOMER SUPPORT**

A 95% first-time fix rate. A 48-hour service response window. It's our top priority to make sure your very best equipment is always up and running to satisfy your athletes' training needs.

## **EDUCATION**

Product training. Maintenance tips. On-demand educational videos. A whole new world of service and support is available to your team with Matrix Learning.

## **PROGRAMMING**

Results-driven workout protocols, actionable circuit training and pre-designed equipment layouts crafted by experienced coaches will help athletes reach peak overall performance in time for season.

## **MATRIX SERVICE DIRECT APP**

If you need to place service requests on the go, Matrix Service Direct makes it faster and more efficient. Our intuitive new app offers a guided experience that defines equipment issues, notifies Matrix, tracks live repair status, displays product repair history and more.





# EVERY SECOND COUNTS

When the margin between victory and defeat is razor-thin, every split second matters. Help your athletes build speed, strength and explosiveness with our exclusive training tools and protocols to give your team the edge needed to make game-changing plays and achieve more on the field.

Visit [matrixfitness.com](https://matrixfitness.com) to see all of our premium products.











# UNLEASH EXPLOSIVE ATHLETIC PERFORMANCE

Discover the unmatched versatility of the S-Drive™ Performance Trainer to help your athletes elevate their explosiveness and endurance while refining form. Only the S-Drive Performance Trainer gives you everything you get from self-powered treadmills, weighted sleds, resistance parachutes and harness systems in one space-saving footprint. We've even created signature training protocols to help you get the most out of the S-Drive Performance Trainer, so you can get the most out of your athletes.

## FEATURES

- Sled brake with eight repeatable resistance settings
- Parachute brake with 11 repeatable resistance settings
- Seven-degree incline
- True zero start speed
- Unlimited top speed
- 17.8 cm / 7" step-on height





Available Console



### **ATHLETIC PERFORMANCE**

The S-Drive is specifically designed to maximize the performance of athletes at all levels. Now you can elevate speed in all phases of sprinting, upgrade sled-pushes to augment power, enhance resistance training to challenge lite athletes, improve neuromuscular development for enhanced agility and optimize athletic form with precise observations and real-time feedback.

### **REHABILITATION**

The S-Drive can provide significant benefits for athletes striving to recover from an injury. Full perimeter handrails make entering and exiting easy and secure, a true zero starting speed lets athletes incorporate cardio early in their recovery, and the user-driven design provides a more natural gait than treadmills.





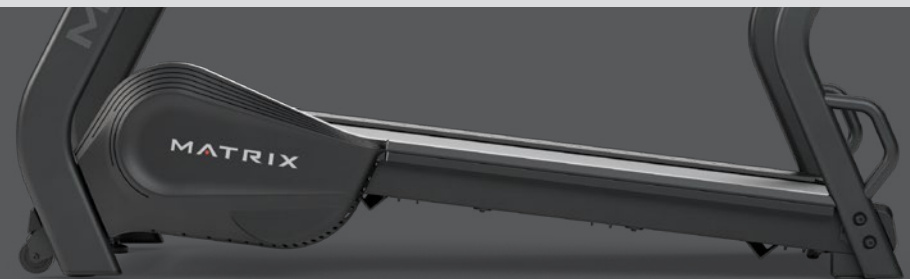
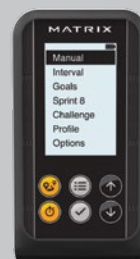
# S-DRIVE METRICS

S-Drive™ Metrics includes a quick-response, backlit LCD that clearly displays speed, time, distance and heart rate (with strap). Integrated testing establishes personalized targets just right for the ability level of each member, and the display even pivots so trainers can view feedback.

Preferred tool for implementation of Speed Technique Protocols (see pages 14-15)

## FEATURES

- Interval and Sprint 8® program
- Self-powered design





# S-DRIVE POWER



## FEATURES

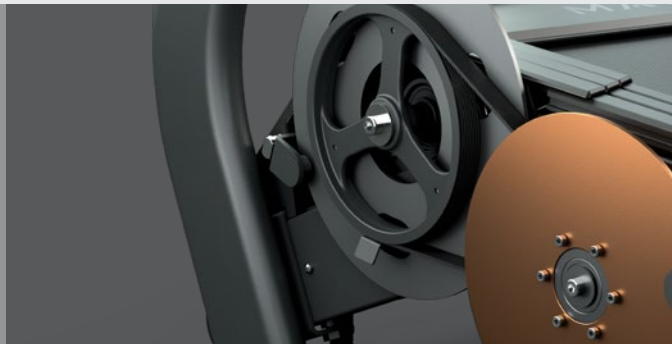
- Integrated sub-max heart rate testing
- Interval and Sprint 8® program
- Intuitive touchscreen design
- Engaging graphics
- ANT+ and Bluetooth enabled

# S-DRIVE PERFORMANCE TRAINER



## FEATURES

- Self-powered design





**S-FORCE**  
PERFORMANCE TRAINER

# ACCELERATE THE WAY YOU TRAIN

Our exclusive S-Force™ Performance Trainer leverages cutting-edge sports science to help athletes of all kinds build speed and power in the body's horizontal acceleration position in less training time. As athletes move through a user-defined path that fits their individual stride, the magnetic system automatically increases resistance the harder they work. This progressively improves fast-twitch muscle fiber essential to explosive starts, challenging even elite athletes to elevate their sprinting to new levels.



## FEATURES

- Variable stride length up to 91 cm / 36"
- Self-powered design
- Two active positions — upright and acceleration
- Adjustable backlit console
- Sprint 8, interval training and goal-based workout programs





## POSITIONED FOR SPEED

### UPRIGHT POSITION

The acceleration position increases muscle activation and builds strength in the shin and quad muscle groups.

### ACCELERATION POSITION

The upright position increases muscle activation and builds strength in the calf and hamstring muscle groups.

### INCREASED MAGNETIC RESISTANCE

Increasing magnetic resistance increases muscle activation and builds strength in the shin, calf and hamstring muscles, with the increase in muscle activation proportionate to the level of magnetic resistance.





# SPEED PROTOCOLS

Our signature speed protocols will help you unlock the ultimate potential of the S-Drive™ and S-Force™ Performance Trainers. Count on these challenging workouts to push your athletes to the limit and transform them into game-changing playmakers.

## **SPEED TECHNIQUE**

The Matrix Speed Technique Protocols combine the uniquely challenging designs of the S-Force and the S-Drive Performance Trainers to take your athletes to the apex of speed. Simply follow our original protocols to help athletes of all kinds reach their peak in acceleration, top-end speed and change-of-direction movement.

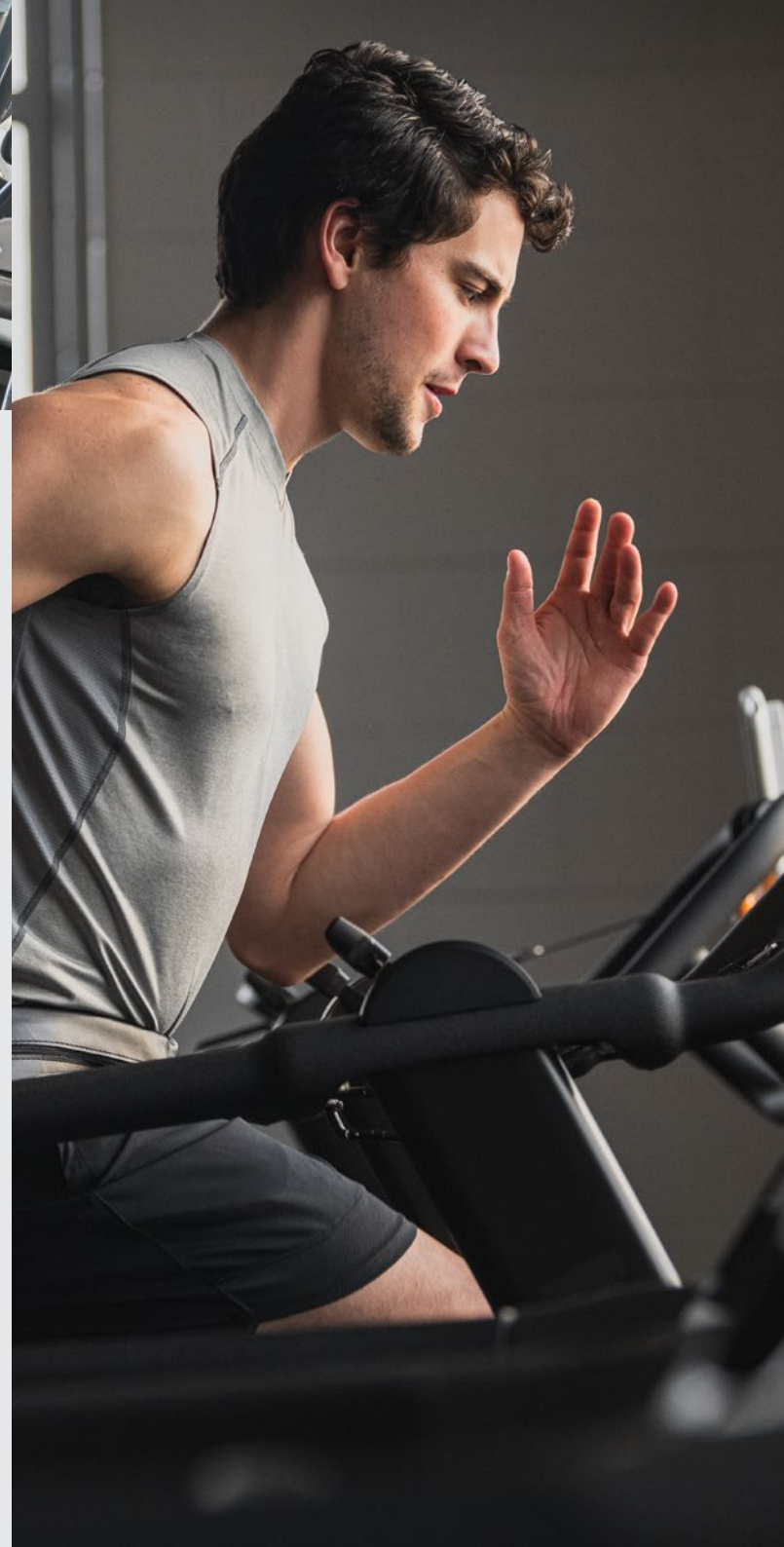
## **S-DRIVE OFF-SEASON SPRINTING**

Our challenging S-Drive protocols take advantage of the S-Drive's incredible versatility to maximize speed, power and endurance. A wide range of drills including warm-up, fly phase training, drive-phase sprinting and power training can help your athletes unleash their ultimate explosive potential and shatter limits in the training room and in the game.

## **S-FORCE HIIT**

Designed specifically with the S-Force in mind, our high-intensity interval training protocols combine our exclusive Sprint 8® program with a variety of HIIT ladders to train your athletes to their peak performance. Count on these intense protocols to trigger the release of natural human growth hormone, helping your athletes burn fat and build muscle in a way that gives them a real performance edge.

Visit [matrixfitness.com](https://matrixfitness.com) to see all of our premium products.



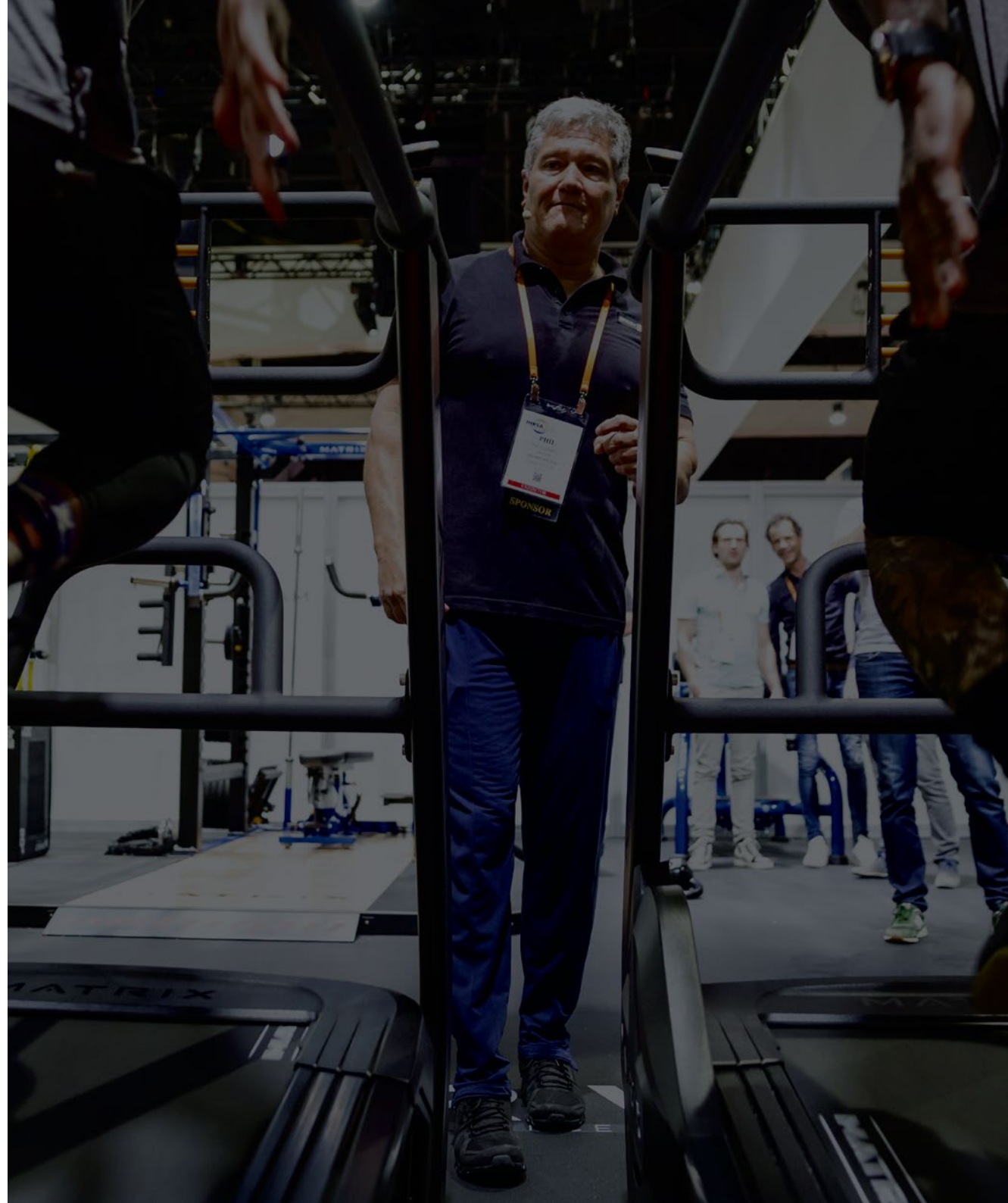
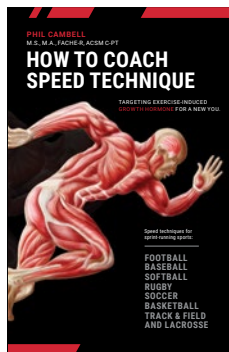


# HOW TO COACH SPEED TECHNIQUE

A certified personal trainer with the American College of Sports Medicine, Phil Campbell (M.S., M.A., C-PT) works with athletes to improve speed and agility. He has collaborated with Matrix for years in the development of training tools designed to maximize speed and explosiveness in athletic training centers and facilities with limited space.

His book *How to Coach Speed Technique* is an illustrated step-by-step guide that demonstrates how to develop linear and lateral speed across a full spectrum of sports and positions. You'll discover tips and tricks for improving neuroplasticity, acceleration burst technique, overspeed training, e-lift techniques, speed abs, ten-minute stretching and more.

Contact us to get your copy of How to Coach Speed Technique and get even more out of our exclusive training tools.



## PERFORMANCE PLUS TREADMILL

# EXPECT AN EXCEPTIONAL PERFORMANCE

If you want to make your program stand out with an exceptional training experience, nothing outshines or outlasts our Performance Plus Treadmill. Our shock-absorbing Pure Stride Cushioning System™ and high-efficiency Synchronous Response Drive System make even the most intense runs feel comfortable, solid and smooth. Our unique belt and drive combination lasts for up to 100,000 miles with an absolute minimum of maintenance. It's also quieter than traditional treadmills at most speeds, and quieter than competitive slat-belt treadmills with significantly less vibrations. Sculpted ergonomic features like continuous multi-grip handlebars make every touchpoint more comfortable, and robust design details like cast-aluminum endcaps withstand intense environments and heavy use for years. Smart features like easily removable side rails, a front-accessible component cover and built-in casters streamline maintenance and service, so your most demanding athletes can count on a good, hard run every time they train.

## FEATURES

- 157 x 61 cm / 62" x 24" running surface
- 2.2 kW PMSM Synchronous Response Drive System
- 20% incline
- 25 km/h / 16 mph top speed
- 25 cm / 10.5" step-on height
- 227 kg / 500 lbs. max weight capacity

### Compatible consoles



TOUCH XL



TOUCH



PREMIUM LED



GT LED



LED





Groundbreaking design  
and breathtaking  
performance combine  
for a treadmill that feels,  
functions and lasts unlike  
any other.

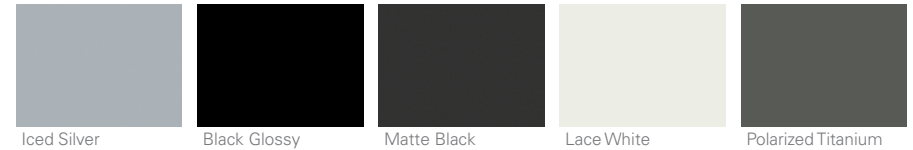


# DISCOVER A WINNING GAMEPLAN

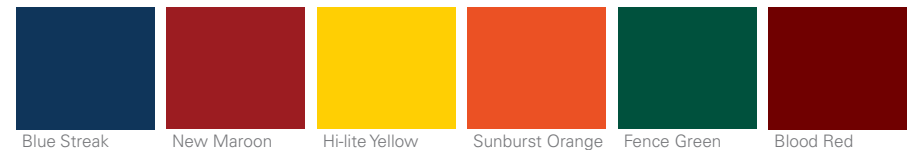
Your team is unique, and so are your goals. That's why we work with you to create a strength training system specifically tailored to the needs of your athletes. We offer dozens of ways to customize your racks and benches so your athletes get the work they need — exactly where they need it — until they feel the burning desire to win in every fiber of their being. We'll also help you pick accessories to complete your training room. Talk to us to find out how we can create a training facility that's a win for everyone.



## MAGNUM/VARSITY STANDARD FRAME COLORS



## MAGNUM/VARSITY FRAME COLOR OPTIONS



## MAGNUM/VARSITY UPHOLSTERY COLOR OPTIONS



Frame and upholstery colors applicable in the US only. Frame colors can be customized to match any RAL color.

NOTE: Actual product colors may vary from what is shown here.



# IT'S ALL ABOUT YOUR TEAM.

No matter what kind of athletes you train, Matrix has the custom branding options to create a team-focused experience that inspires everyone who walks through your doors. Partner with us for frame and upholstery choices that match your school colors. We can create virtually any branded graphic and offer a variety of placement options to showcase your logo. You can even count on us for next-level customization like premium embroidery, laser-cut steel and more. Contact us today to find out how we can infuse every inch of your training space with team spirit.





MAGNUM SERIES /

# A LEGACY OF PERFORMANCE & PROVEN DURABILITY

Ideal for athletes striving to reach the apex of their physical strength, Magnum Series has long been known for an unparalleled blend of performance and durability. Exclusive Breaker Benches allow users to get into the start position with less stress on their joints. Other products like MEGA Racks pack in the functionality to help you make the most of your training space. Best of all, everything that carries the Magnum Series name will withstand the most intense athletic training environments.

Matrix purchased Milwaukee-based strength equipment manufacturer Magnum in 2012 to offer athletic directors and coaches a premium combination of performance, durability and functionality ideal for helping athletes reach their ultimate physical potential.







## DOUBLE MEGA RACK CONFIGURATION

It doesn't get any bigger than this. Matrix Double MEGA Racks take your training to the max. A combination of two racks and custom connecting elements, the Double MEGA Rack allows you to tailor your equipment to your facility. This flexibility enables you to define your own priorities and get the most out of your investment each and every training day. Plus, the Matrix 7-gauge steel uprights and heavy-duty frames mean the Double MEGA Rack can simultaneously handle your toughest athletes and your most rigorous workouts. Maximize your space and your athletes at the same time with the Double MEGA Rack.

*\* Shown with optional accessories.*

## MAGNUM / RACKS & PLATFORMS

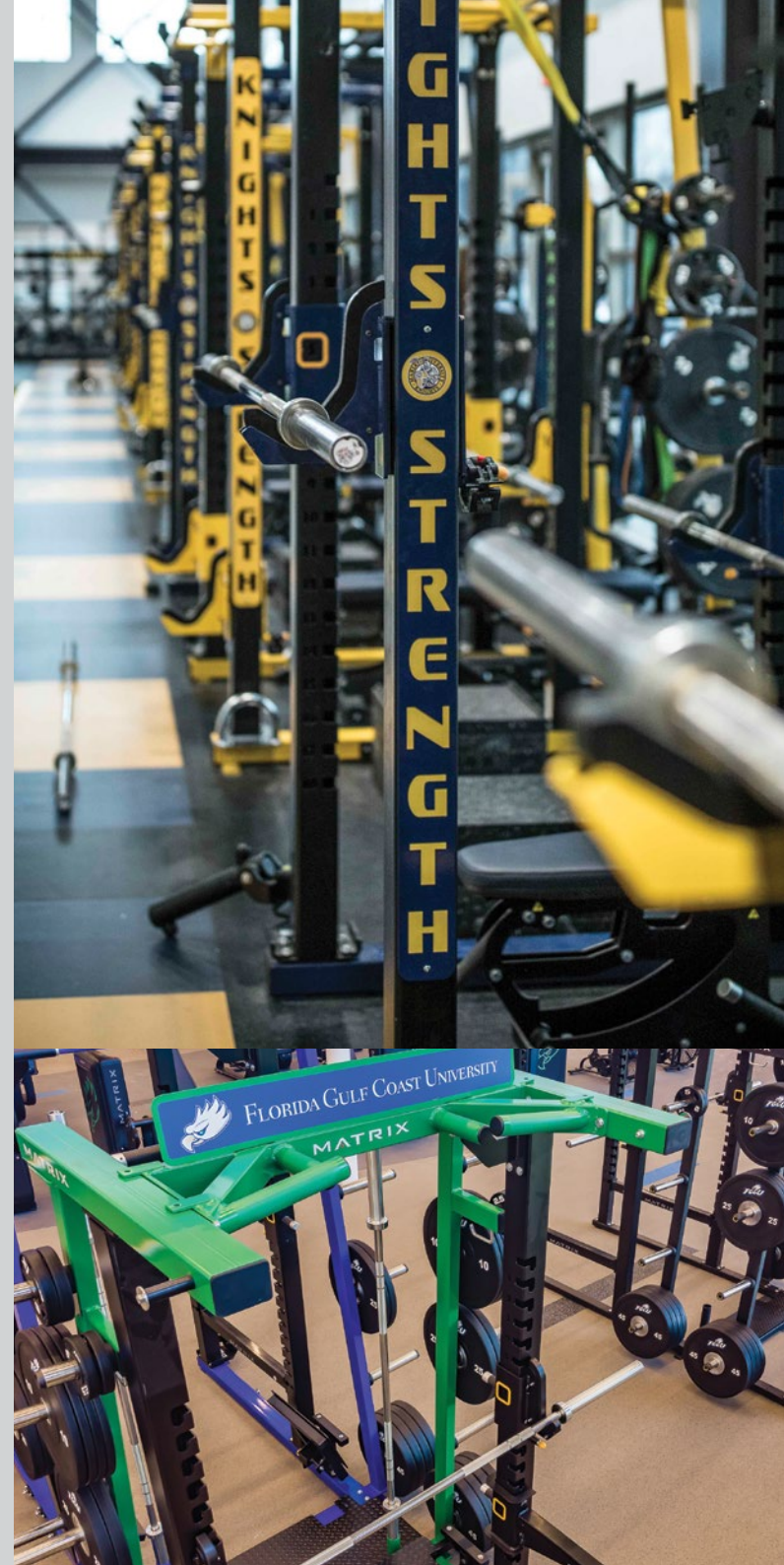
# SHATTER LIMITS & PERSONAL BESTS

When your athletes see our premium Magnum racks on your floor, they'll know they're in the right place to achieve more than ever. All of our Magnum racks and platforms feature heavy-duty construction that stands up to the most rigorous training environments, plus stylish industrial design that draws the eye and dares your athletes to go for a new personal best. Step up to MEGA racks for 4" x 4" heavy-gauge steel construction that sets the industry standard for stability and lasting durability.

## FEATURES

- **Customization** - Choose from a wide range of options and components to connect and customize equipment for your unique training needs.
- **Durable Construction** - Built to withstand the rigorous strength training of professional sports teams.
- **Visual Height Indicator** - Conveniently located and clearly marked, color-coded adjustment points make setting racks easy and quick.
- **Frame Finish** - Automotive-quality finish is highly resistant to chips and scratches.

Visit [matrixfitness.com](https://matrixfitness.com) to see all of our premium products.







**MEGA POWER RACK**

MODEL	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-MR47	206	207	246.5	81	81.5	97	347	765



**MEGA HALF RACK**

MODEL	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-MR690	170.5	207	246.5	67	81.5	97	259	570



**MEGA OPEN RACK**

MODEL	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-MR694	206	207	246.5	81	81.5	97	249.5	550



**MEGA DOUBLE HALF RACK**

MODEL	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-MR691	314	207	246.5	123.5	81.5	97	542	1195



**POWER RACK**

MODEL	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A47	204.5	187	256.5	80.5	73.5	101	268	590



**OPEN RACK**

MODEL	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A694	204.5	187	256.5	80.5	73.5	101	234	515



**DOUBLE HALF RACK**

MODEL	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A691	306	204.5	265.5	120.5	80.5	101	420	925



**COMBO POWER HALF RACK**

MODEL	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MG-A47691	345.5	204.5	256.5	136	80.5	101	499	1100



**PLATFORM W/  
HARDWOOD INSERT\***

MODEL	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MA4794P	363	254	7	143	100	2.6	259.5	572
MA9091P	328	254	7	129	100	2.6	250.5	552
MA4794P-4	305	254	7	120	100	2.6	195.5	431
MA9091P-4	270	254	7	106	100	2.6	186.5	411



**SOLID RUBBER  
SURFACE PLATFORM\***

MODEL	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
MARP4794	366	254	7	144	100	2.6	292.5	645
MARP9091	330	254	7	130	100	2.6	280	617
MARP4794-4	305	254	7	120	100	2.6	215.5	475
MARP9091-4	270	254	7	106	100	2.6	203	448



**STAND-ALONE PLATFORM  
W/HARDWOOD INSERT\***

MODEL	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
PS86	191	253	7	75	100	2.6	216.5	477



**STAND-ALONE SOLID  
RUBBER PLATFORM**

MODEL	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
RP86	191	253	7	75	100	2.6	233	514

\*Logo can be customized

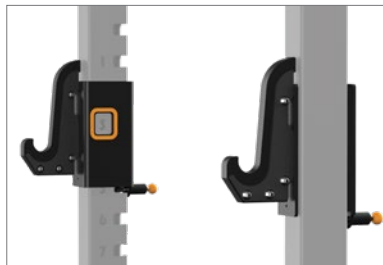
MAGNUM / OPTIONS & COMPONENTS

# MAKE THE MOST OUT OF MAGNUM

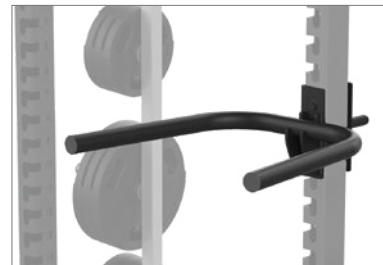
You can customize your premium Magnum strength training equipment to fit the unique goals of your team. Choose from a diverse selection of durable, thoughtfully designed optional components to expand functionality in game-changing ways.



LAT PULLDOWN AND ADJUSTABLE PULLEY STACKS



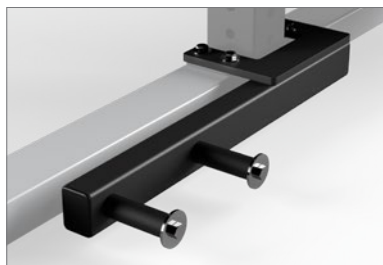
REVERSE J-HOOKS



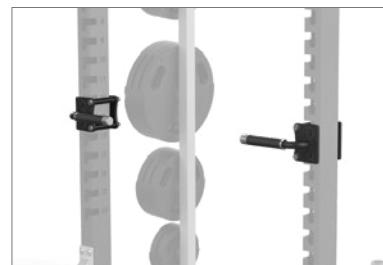
DIP BARS



3-PEG BAND PEGS



2-PEG BAND PEGS



SQUAT HANDLES



STEP-UP PLATFORM



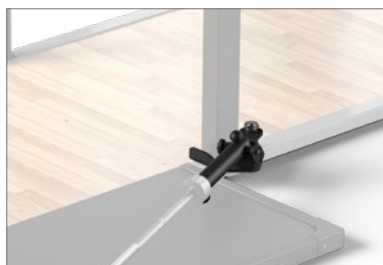
TECHNIQUE SCOOPS



CUSTOM PLATFORM LOGO



PLATFORM RAMP



LAND MINE ATTACHMENT



NAMEPLATE



CORE HANDLE

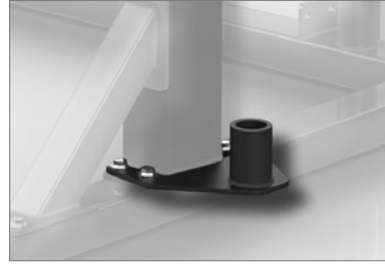




**JAMMIN ARMS**



**JAMMIN ARMS  
W/BAND ATTACHMENT**



**SAFETY ARM STORAGE**



**FAT BAR J-HOOKS**



**DOCKING KIT  
W/NO PLATFORM**



**DOCKING KIT W/PLATFORM**



**BATTLE ROPE  
ATTACHMENT**



**STRAIGHT LADDER**



**PYRAMID LADDER**



**STRAIGHT CHIN BAR**



**DUAL-SIDED FAT/STRAIGHT  
CHIN BAR**



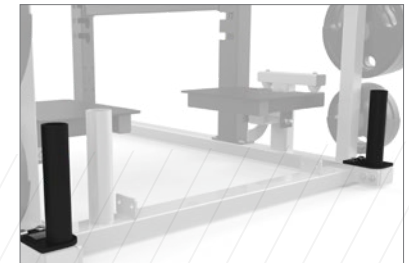
**DUAL OLYMPIC  
BAR STORAGE**



**ROTATING CHIN HANDLES**



**SIDE-MOUNTED  
PULL-UP BAR**



**OLYMPIC BAR HOLDERS**



**BOLT-ON SPOTTER STANDS**



**BOLT-ON FRONT BAND PEG**



**HORIZONTAL PLATE RACK**



**ATTACHMENT STORAGE RACK**

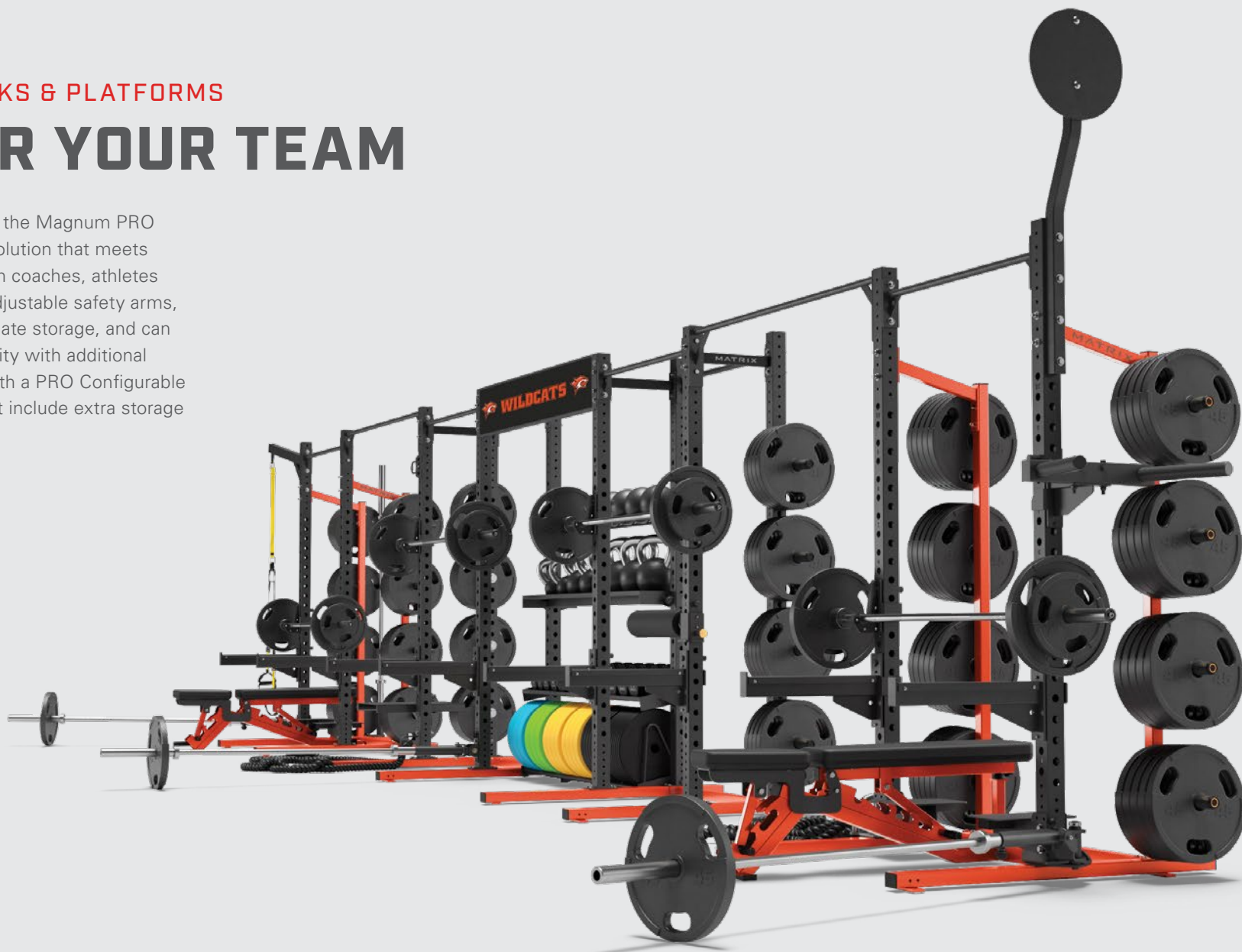


**FLAT-TO-INCLINE BENCH  
W/HORIZONTAL ADJUSTMENT**

MAGNUM / PRO RACKS & PLATFORMS

# BUILT FOR YOUR TEAM

Designed for training efficiency, the Magnum PRO Racks provide a customizable solution that meets the demands of today's strength coaches, athletes and trainers. They come with adjustable safety arms, j-hooks, a chin bar and 4-post plate storage, and can offer even more training versatility with additional attachments. Combine them with a PRO Configurable Rack to create combo racks that include extra storage shelves and weight horns.







**PRO HALF RACK**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM		INCHES			KG	LBS	
MG-PRO690	183.5	141	243	72.2	55.4	95.5	111	244.5



**PRO CONFIGURABLE HALF RACK**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM		INCHES			KG	LBS	
MG-PRO690C	132	141	243	52	55.4	95.5	116.5	257



**PRO DOUBLE HALF RACK**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM		INCHES			KG	LBS	
MG-PRO691	229	183	242.5	90	72	95.5	180	397



**PRO CONFIGURABLE DOUBLE HALF RACK**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM		INCHES			KG	LBS	
MG-PRO691C	229	132	242.5	90	52	95.5	190	419

## FEATURES

- **Multiple Configurations** - PRO and PRO Configurable Racks can be combined and built to create a unique training and storage space.
- **Optional Additions** - Hard-working attachments and benches are available for unmatched training versatility.
- **Height Options** - All PRO Racks are available at 7' and 8' heights to fit any facility's needs.



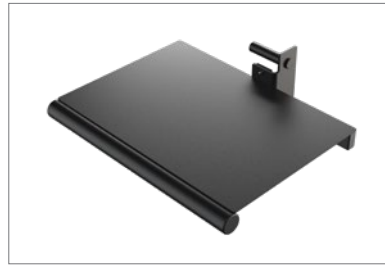
\*Logo can be customized



**SINGLE CHIN BAR**



**PULL-UP STATION**



**PLYO STEP**



**HEAVY BAG ATTACHMENT**



**LEG ROLLER ATTACHMENT**



**ROPE ANCHOR**



**DIP-STATION**



**BOLT-ON LANDMINE**



**BALL TARGET**



**NAME PLATE**



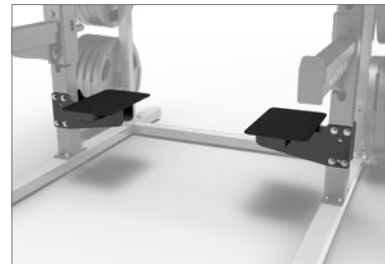
**BOLT-ON WEIGHT HORN**



**OLYMPIC BAR HOLDER**



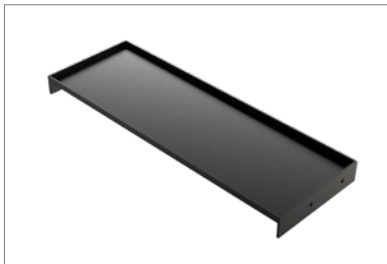
**UNIVERSAL BAND ATTACHMENT**



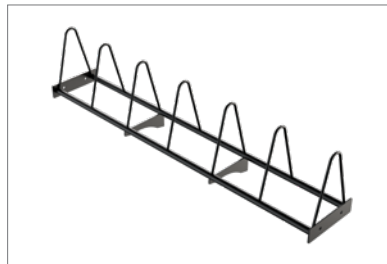
**BOLT-ON SPOTTER STANDS**



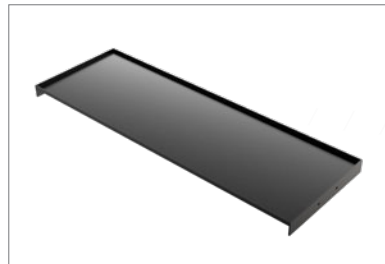
**MEDICINE BALL SHELF**



**DB / KB SHELF**



**BUMPER / BOSU RACK**



**STORAGE SHELF**



**LINEAR SHELF BRACKET**



**SHELF MOUNTING BRACKET**



MAGNUM / VRS PLATFORM

# REDUCE SOUND, VIBRATION AND BOUNCE

Create an unmatched strength training environment with platforms featuring our exclusive Vibration Reduction System. Our impact-absorption platforms reduce sound and bounce caused by dropping barbells during Olympic lifts, protecting floors, bars, weights, and plates from hard use. The multi-layer design minimizes vibrations transferred through floors, essential for above-ground training facilities. VRS Platform kits are available in a variety of styles and sizes, so it's easy to upgrade existing Matrix platforms or create a rugged new training experience featuring our Vibration Reduction System.



	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MA4794P-VRS</b>	366	254	7	144	100	2.6	227	500.5
<b>MA4794P-VRS-4</b>	305	254	7	120	100	2.6	174	383.5
<b>MA9091P-VRS</b>	330	254	7	130	100	2.6	218	480.5
<b>MA9091P-VRS-4</b>	270	254	7	106	100	2.6	165	363.5
<b>PS86-VRS</b>	191	254	7	75	100	2.6	184	406
<b>PS84-VRS</b>	131	254	7	51.5	100	2.6	131	289
<b>VRS-KIT</b>	181.5	68	11.5	71.5	26.8	4.5	71	156
<b>VRS-KIT-4</b>	121	68	11.5	48	26.8	4.5	47.5	104

MAGNUM / PLATE-LOADED

# THE ESSENTIALS OF STRENGTH

Plate-loaded units are nothing short of essential when it comes to helping your athletes exercise major muscle groups and push their strength training limits. Magnum plate-loaded stations feature thoughtful design and incredible attention to detail that make our ever-popular stations easier to load, unload and access, so athletes can get the work they need, where they need it, and keep on going.

## FEATURES

- **Converging/Diverging Motion** - Encourages a natural path of motion to enhance comfort.
- **Durable Construction** - Built to withstand the rigorous strength training of professional sports teams.
- **Frame Finish** - Automotive-quality finish is highly resistant to chips and scratches.

Visit [matrixfitness.com](https://matrixfitness.com) to see all of our premium products.







### VERTICAL BENCH PRESS

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-PL12</b>	146.5	168.5	199.5	58.0	66.5	78.5	196	432



### SUPINE BENCH PRESS

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-PL13</b>	185.4	128.3	91.4	73.0	50.5	36.0	98	216



### INCLINE BENCH PRESS

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-PL14</b>	208.2	143.2	129.6	82	56.5	51	147.5	325



### SHOULDER PRESS

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-PL23</b>	161.3	160	118.1	63.5	63	46.5	118	260



### LAT PULLDOWN

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-PL33</b>	182.9	123.2	190.5	72	48.5	75	128	282



### SEATED ROW

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-PL34</b>	152.4	139.7	106.7	60	55	42	118	260



### AB CRUNCH BENCH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-PL50</b>	162.6	88.9	100.3	64	35	39.5	60	132.5



### SMITH MACHINE

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-PL62</b>	110.5	231.1	245.1	43.5	91	96.5	270	569



### 45° LEG PRESS

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-PL70</b>	228.6	151.1	133.4	90	59.5	52.5	298	657



### HACK SQUAT

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-PL71</b>	228.2	150	144.6	90	59	57	270	595



### STANDING CALF

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-PL76</b>	138	89	184.5	54.5	35	73	124	273.5



### SEATED CALF

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-PL77</b>	141	80	96.5	55.5	31.5	38	65	143.5



### SQUAT / LUNGE

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-PL79</b>	148.6	170.2	86.4	58.5	67	34	120	264.5



### 4-WAY NECK

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-404</b>	84	147	165	33	58	65	79	175



### REVERSE BACK EXTENSION

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-405</b>	150	109	145	59	43	57	134	295



### GLUTE TRAINER

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-PL78</b>	168	133	109	66.5	52.5	43	154	340

MAGNUM / MULTI-STATION

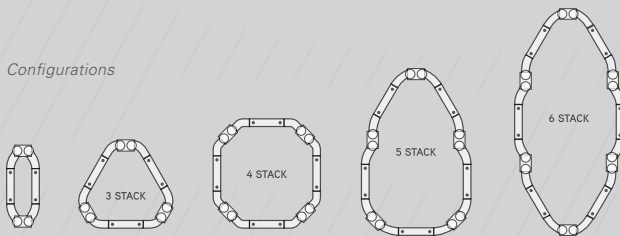
# MAXIMUM FUNCTIONALITY IN MINIMUM SPACE

Magnum multi-station units help you make the most of your training space and your athletes make the most of their workout time. Smart designs let athletes take on multiple exercises in a small space, quickly adjusting settings to maximize impact and results. To add yet another exciting dimension to your training space, include ultra-versatile functional trainers that provide unparalleled workout in an efficiently enclosed space.



ADA-compliant designs help disabled athletes participate in the same kind of intense training as their able-bodied counterparts.

Configurations







### LAT PULLDOWN

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-921</b>	127	69	234	50	27	92	231	510



### DUAL-PULLEY LAT PULLDOWN

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-DP921</b>	127	69	234	50	27	92	244	538



### ADJUSTABLE PULLEY

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-923</b>	107	117	234	42	46	92	155	342



### DUAL ADJUSTABLE PULLEY

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-DP923</b>	107	117	234	42	46	92	163	360



### ADJUSTABLE CROSSOVER

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-924</b>	69	366	234	27	144	92	330	728



### LOW ROW

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-926</b>	216	69	234	85	27	92	236	520



### DUAL-PULLEY LOW ROW

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-DP926</b>	216	69	234	85	27	92	243	535



### REAR DELT / FLY

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-936</b>	135	81	229	53	32	90	194	428



### DIP / CHIN ASSIST

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-937</b>	170	97	234	67	38	92	181	400



### TRICEPS PUSHDOWN

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-942</b>	107	117	234	42	46	92	220	485



### LAT PULLDOWN / LOW ROW

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-946</b>	198	69	234	78	27	92	215	475



### BICEPS / TRICEPS

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-947</b>	107	117	234	42	46	92	170	375



### ADJUSTABLE PULLEY

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-ADA23</b>	79	69	218	31	27	86	155	342



### CHEST PRESS / ROW

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-ADA2220</b>	117	99	218	46	39	86	231	510



### BICEPS / LAT PULLDOWN

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-ADA1121</b>	132	74	218	52	29	86	242	534



### PEC DECK

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
<b>MG-ADA18</b>	81	102	218	32	40	86	189	416



MAGNUM / FREE WEIGHTS

# A FUSION OF IRON & ERGONOMICS

No training center is complete without a selection of premium free weights, the time-tested backbone of the strength training experience. Choose from our flagship Magnum Series to find the combination of heavy-duty construction and smart design just right for your team. Exclusive products like our patented Breaker Benches will redefine how your athletes train just as cutting-edge industrial style will redefine the way your training center looks.



## BREAKER OLYMPIC FLAT BENCH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
MG-A678	173	168	130	68	66	51	94	207

## FEATURES

- **Breaker Technology** - Our exclusive system eliminates the need for assistance to break the bar, allowing athletes to get into the start position with less stress on their joints.
- **Variety** - A robust selection meets the training needs of virtually any facility.
- **Frame Finish** - Automotive-quality finish is highly resistant to chips and scratches.



Visit [matrixfitness.com](https://matrixfitness.com) to see all of our premium products.





**OLYMPIC FLAT BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A78</b>	163	168	130	64	66	51	73	160



**BREAKER OLYMPIC INCLINE BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A679</b>	170	168	160	67	66	63	126	277



**OLYMPIC INCLINE BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A79</b>	170	168	160	67	66	63	107	235



**BREAKER OLYMPIC DECLINE BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A680</b>	206	168	135	81	66	53	107	235



**OLYMPIC DECLINE BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A80</b>	201	168	137	79	66	54	82	180



**BREAKER OLYMPIC SHOULDER BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A645</b>	135	138	183	53	66	72	118	260



**OLYMPIC SHOULDER BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A45</b>	127	138	165	50	66	65	137	303



**3-WAY OLYMPIC BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-C895</b>	167	180	173	71	66	68	155	342



**MULTI-ADJUSTABLE BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A85</b>	135	58	51	53	23	20	43	95



**MULTI-ADJUSTABLE BENCH LP**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A82</b>	152	78	46	59.7	30.6	17.8	55	121.5



**MULTI-ADJUSTABLE BENCH W/DECLINE**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A86</b>	163	61	51	64	24	20	54	120



**UTILITY BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A87</b>	142	66	89	56	26	35	31	68



### STANDING ARM CURL

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A71</b>	119	79	104	47	31	41	61	135



### PREACHER CURL

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A62</b>	119	76	99	47	30	39	57	125



### VKR W/CHIN

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A63C</b>	135	109	245	53	43	96	120	265



### ADJUSTABLE DECLINE BENCH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A61</b>	163	64	81	64	25	32	45	99



### SQUAT RACK

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A81</b>	211.5	166.8	201	83.3	67.5	79.2	265	585



### GLUTE HAM BENCH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A96</b>	157	91	130	62	36	51	136	300



### BACK EXTENSION BENCH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A52</b>	118.6	76.3	97.3	46.7	30	38.3	53	117



### BARBELL RACK

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A98</b>	138.5	88.7	152.9	54.5	34.9	60.2	81	178.6



### WEIGHT TREE W/BAR HOLDERS

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A67B</b>	51	52	112	20	21	44	23	50



### 5-PAIR PRO-STYLE DUMBBELL RACK

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A505</b>	232.6	61.3	79.8	91.6	24.2	31.5	63	138.6



### 10-PAIR PRO-STYLE DUMBBELL RACK

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A510</b>	232.6	61.3	79.8	91.6	24.2	31.5	106	233.2



### 15-PAIR PRO-STYLE DUMBBELL RACK

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A515</b>	232.6	67.3	102.1	91.6	26.5	40.2	156	343.2



### 2-TIER FLAT-TRAY DUMBBELL RACK

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A528</b>	232.2	62.5	79.4	91.5	24.6	31.3	127	279.4
<b>MG-A526</b>	186.2	62.5	79.4	73.3	24.6	31.3	108	237.6



### 3-TIER FLAT-TRAY DUMBBELL RACK

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A538</b>	232.2	72.4	101.8	91.5	28.5	40	193	424.6
<b>MG-A536</b>	186.2	72.4	101.8	73.3	28.5	40	160	352



### STUDIO PRO-STYLE DUMBBELL RACK

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A541</b>	186.2	67.3	102.1	73.3	26.5	40.2	123	270.6



### STUDIO FLAT-TRAY DUMBBELL RACK

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>MG-A544</b>	123.2	72.4	101.8	48.5	28.5	39.4	118	259.6





### ADJUSTABLE AB BENCH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
MG-A77	155	69	145	61	27	57	59	131



### ACCESSORY RACK

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
MG-A97	110.1	69.4	110.5	43.4	27.4	43.5	47.6	105



### OLYMPIC WEIGHT TREE

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
MG-A94	87.1	57	107.9	34.3	22.5	42.5	28.8	63.5



### STEP-UP PLATFORM W/HANDLE

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
MG-SUP	95	48	122.5	37.5	19	48.25	34	75



### SPOTTER PLATFORM

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
MG-A0SP	66	84	29	26	33	12	28	61

### KETTLEBELL RACK ADAPTERS



MG-AO15T

MG-AO15B

#### Available Configurations

2-tier Flat-tray Dumbbell Racks (MG-A526 & MG-A528)



Both top and bottom trays use adapters

- Top Tray (MG-AO15T)
- Bottom Tray (MG-AO15B)

Only top tray uses an adapter

- Top Tray (MG-AO15T)



Only bottom tray uses an adapter

- Bottom Tray (MG-AO15B)

#### Available Configurations

3-tier Flat-tray Dumbbell Racks (MG-A536, MG-A538 & MG-A544)



Only top tray uses an adapter

- Top Tray (MG-AO15T)

Only bottom tray uses an adapter

- Bottom Tray (MG-AO15B)



**VARSITY SERIES /**

# DESIGNED FOR SUPERIOR VALUE & TRAINING VARIETY

Varsity Series is the ideal choice for heavy-use training facilities looking for a combination of performance and value. Smart design helps you make efficient use of your space and your budget, like our versatile functional trainers and plate-loaded equipment that provide conveniently contained personal training areas. If you're looking to accommodate a steady stream of athletes in a limited space, look no further than the Varsity Series.







PT PETER

MATRIX

PETERS TOWNSHIP

PETERS TOWNSHIP

PETERS TOWNSHIP

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**VARSITY / MULTI-STATION**

# HEAVYWEIGHT DESIGN FOR COMPACT TRAINING AREAS

Ideal for any training facility where space is at a premium, Varsity multi-station units help multiple athletes take on intense strength training in contained spaces. Count on the same stability, durability and value as all of our Varsity equipment.



**FUNCTIONAL TRAINER 1:2**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT		WEIGHT STACK	
	CM		INCHES				KG	LBS	KG	LBS
VY-6044	107	180	208	42	71	82	311	686	71	156

**VARSITY / PLATE-LOADED**

# FOR BIG GAINS IN SMALL SPACES

Varsity plate-loaded stations offer smart designs that help athletes focus on strengthening major muscle groups. All of our plate-loaded stations feature stable, streamlined frames that fit your training space with minimal disruption, plus excellent durability at an equally excellent price.



**PERFECT SQUAT**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
VY-400	157	84	168	62	33	66	147	325

**FEATURES**

- **Durable Construction** - Built to withstand the rigorous strength training of professional sports teams.
- **Variety** - A robust selection meets the training needs of virtually any facility.
- **Value** - Designed to handle a steady stream of users for years to come.







**3-STACK MULTI-GYM**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		WEIGHT STACK		
	CM		INCHES			KG	LBS	KG	LBS	
<b>G1-MG30</b>	282	323	218	111	127	86	592	1305	3 X 91	3 X 200



**FUNCTIONAL TRAINER 1:4**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		WEIGHT STACK		
	CM		INCHES			KG	LBS	KG	LBS	
<b>VY-6047</b>	107	180	208	42	71	82	376	830	103	228



**ANGLED SMITH MACHINE**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM		INCHES			KG	LBS	
<b>VY-M49</b>	107	218	211	42	86	83	186	410



**SMITH MACHINE**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM		INCHES			KG	LBS	
<b>G1-FW161</b>	205	141	229	80.5	55.5	90	135	297



**LEG EXTENSION**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM		INCHES			KG	LBS	
<b>VY-401</b>	102	157	117	40	62	46	91	200



**PRONE LEG CURL**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM		INCHES			KG	LBS	
<b>VY-402</b>	173	91	72	68	36	30	91	200



**BICEPS CURL**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM		INCHES			KG	LBS	
<b>VY-431</b>	97	107	112	38	42	44	68	150



**TRICEPS EXTENSION**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM		INCHES			KG	LBS	
<b>VY-432</b>	97	107	140	38	42	55	68	150

## VARSITY / FREE WEIGHTS

# FREE WEIGHTS THAT FIT

Varsity free weights will help your athletes get the job done, one rep at a time, without breaking your budget or taking up too much space. All of our free weights are tough enough to stand up to hard use day after day, season after season, and slim station designs mean it's easy to provide enough of our durable free weights to satisfy everyone who strives for greatness in your training facility.



## FEATURES

- **Durable Construction** - Built to withstand the rigorous strength training of professional sports teams.
- **Variety** - A robust selection meets the training needs of virtually any facility.
- **Frame Finish** - Automotive-quality finish is highly resistant to chips and scratches.

## MULTI-ADJUSTABLE BENCH

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM		INCHES				KG	LBS
VY-D85A	147	56	48	58	22	19	43	94

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**ADJUSTABLE INCLINE BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>G1-FW153</b>	154	61	47	61	24	19	41	90



**OLYMPIC FLAT BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>VY-D78</b>	142	122	130	56	48	51	54	120



**OLYMPIC INCLINE BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>VY-D79</b>	155	122	152	61	48	60	82	180



**FLAT BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>VY-D59</b>	122	56	43.5	48	22	17	19	42



**GLUTE HAM BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>VY-D96</b>	140	76	127	55	30	50	79	175



**ADJUSTABLE AB BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>VY-D77</b>	147	56	114	58	22	45	44	97



**ADJUSTABLE DECLINE BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>VY-D61</b>	152	64	79	60	25	31	44	96



**PREACHER CURL**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>VY-D62</b>	104	74	104	41	29	41	43	95



**VKR W/ CHIN**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>VY-D63C</b>	135	107	244	53	42	96	109	240



**BACK EXTENSION BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>VY-D93</b>	124	66	94	49	26	37	39	85



**MULTI-ADJUSTABLE BENCH W/ DECLINE**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>VY-D86</b>	190	64	56	63	25	22	54	118



**UTILITY BENCH**

	PRODUCT DIMENSIONS (L X W X H)						PRODUCT WEIGHT	
	CM			INCHES			KG	LBS
<b>VY-D87</b>	132	56	79	52	22	31	26	57



**WEIGHT TREE W/ OLYMPIC BAR HOLDERS**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM	INCHES			KG	LBS		
VY-D67H	79	61	122	31	24	48	29	63



**WEIGHT TREE**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM	INCHES			KG	LBS		
VY-D67C	64	51	99	25	20	39	17	38



**2-TIER DUMBBELL RACK**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM	INCHES			KG	LBS		
VY-D70	58	234	81	23	92	32	84	186



**2-TIER HEX DUMBBELL RACK**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM	INCHES			KG	LBS		
VY-D697	58	234	81	23	92	32	72	158



**BARBELL RACK**

	PRODUCT DIMENSIONS (L X W X H)					PRODUCT WEIGHT		
	CM	INCHES			KG	LBS		
VY-D68	145	76	168	57	30	66	57	125





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RIGS & ACCESSORIES /

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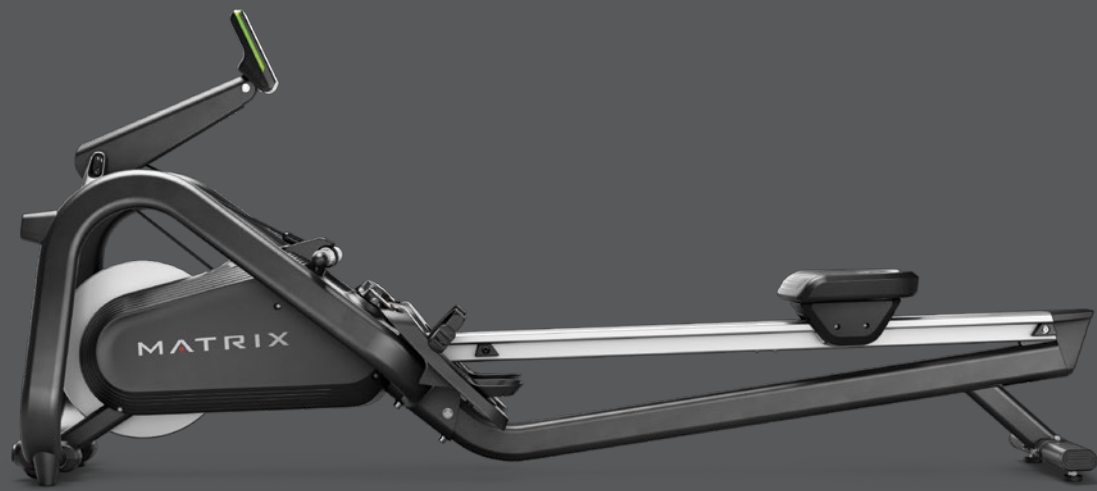
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Matrix is a brand of Johnson Health Tech (JHT). JHT has been producing premium fitness equipment since 1975 and is among the fastest-growing manufacturers of fitness equipment in the world. It has earned both ISO 9002 and 9001 certifications. A truly global company with over 30 subsidiaries worldwide, JHT has the intellectual resources necessary to produce the most technologically advanced equipment on the market and the economies of scale needed to deliver the best value possible.

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