



NUTRITION SERVICES

eNutrition

- Sysco eNutrition[®]
 - Product Catalog
 - Recipe Module
- Nutrition Report
 - Nutrition Data Collection & Flow
 - K-12 resources



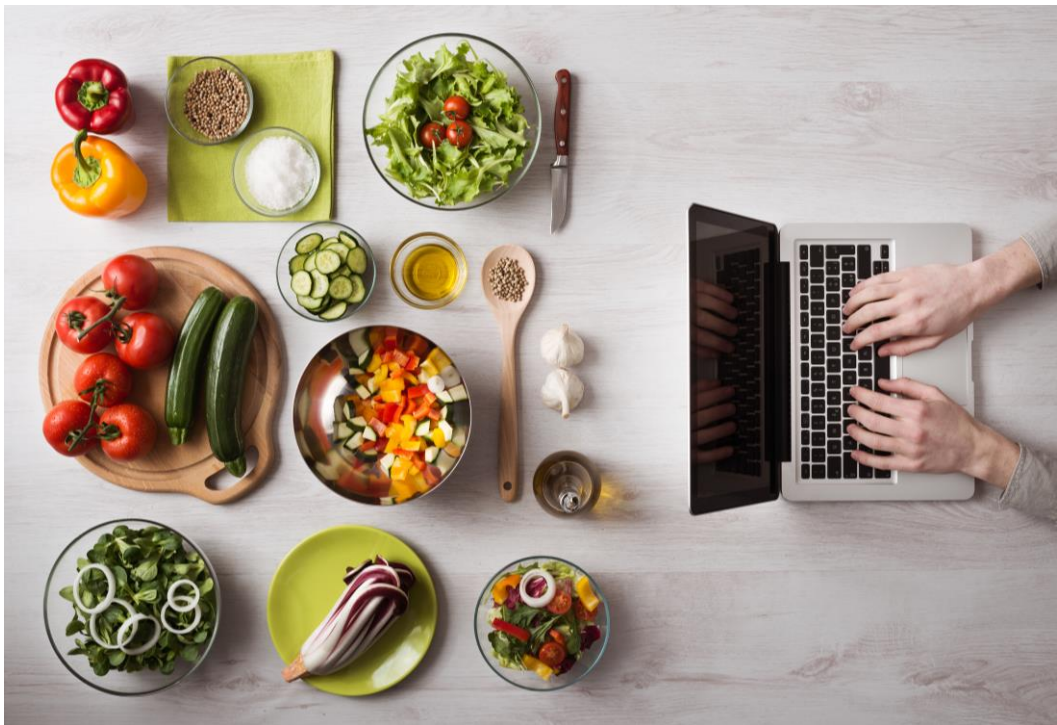
eNutrition

SEARCH PRODUCT CATALOG FOR:

- Nutrition information
- Ingredient statement & big 8 allergens
- Product attributes/diet types:
 - Kosher
 - Halal
 - Vegan
 - Vegetarian
 - Without Beef
 - Without Pork
 - Gluten-Free
 - Organic
 - Dietetic
 - Diabetic
 - Child Nutrition Label
 - Product Formulation Statement

UTILIZE CUSTOM RECIPE MODULE TO:

- Create & analyze custom recipes
- View nutrition information per serving
- Download detailed nutrient analysis report



SYSCO eNutrition > Search Food Products Only

Enter Product Name or SUPC

ice cream strawberry

Go

Advanced Search

Your search returned 9 Product - Page 1 of 1

Product Name	SUPC	Pack/Size	Brand	Manufacturer
ICE CREAM DBL STRAWBERRY	2246833	1/3 GAL	HSEFLVR	Bareman Dairy Inc.
ICE CREAM FOUNTAIN STRAWBERRY	7122560	1/3 GAL	HP HOOD	HP HOOD LLC
ICE CREAM SORBET STRAWBERRY	7011458	1/5 L	VILDLC	Villa Dolce Gelato
ICE CREAM STRAWBERRY	1225572	1/3 GAL	BLU BNY	Wells Enterprises, Inc.
ICE CREAM STRAWBERRY	1921105	1/3 GAL	WHLFIMP	
ICE CREAM STRAWBERRY	3541416	1/3 GAL	WHLFIMP	
ICE CREAM STRAWBERRY 14 OZ	7132844	8/14oz	HAGNDAZ	Nestle USA
ICE CREAM STRAWBERRY CHSCAK	2589224	1/3 GAL	HSEFLVR	Bareman Dairy Inc.
ICE CREAM STRAWBERRY CHSCAKE	7133096	8/1 PT	BEN&JRY	UNILEVER ICE CREAM

[Contact Us](#)[Help](#)[Log Out](#)

[SYSCO eNutrition](#) > [Search Food Products Only](#) > [Product Detail](#)

ICE CREAM STRAWBERRY

SUPC: 1921105

MPC: 1047595

Pack/Size: 1/3 GAL

Nutrition Source: Manufacturer

Brand: WHLFIMP

Ingredients: Milk, Cream, Sugar, Strawberries, Skim Milk, Whey, Buttermilk, Corn Syrup, Contains 1% or less of Natural Flavors, Strawberry Juice Concentrate, Citric Acid, Cherry Juice Concentrate, Mono and Diglycerides, Carob Bean Gum, Cellulose Gum, Carrageenan, Beet Color. CONTAINS: Milk.

Allergens
Contains: Milk

Gluten-Free

Kosher

[▶ Create New Recipe](#)

[▶ Nutrition Information](#)



[SYSCO eNutrition](#) > [Search Food Products Only](#) >

ICE CREAM STRAWBERRY

SUPC: 1921105

[Printer Friendly](#)

Nutrition Information

Serving size 2/3 Cup (87g) (87 grams)

Amount Per Serving

Calories **170**

% Daily Value*

Total Fat 9g	12%
Saturated Fat 5g	25%
Trans Fat 0g	

Cholesterol 35mg	12%
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Sodium 50mg	2%
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Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 17g	
Includes 13g Added Sugars	26%

Protein 2g

Vitamin D 0mcg	0%
Calcium 100mg	8%
Iron 0mg	0%
Potassium 150mg	3%



Utilize the Recipe Wizard to create new & view existing recipes

- ✓ Printable recipe card
- ✓ Scale recipe
- ✓ Nutrition information per serving
- ✓ Nutrition information detail report

RECIPE

Blue Cheese Pizza Pitas
Yield: 24 1 Pizza

Ingredients & Instructions...

- 24 Each Athentc Bread Pita Pckt Plain 6
- 1 Pound Cream Cheese, Softened
- 3 Pound Provolone Cheese, Shredded
- 1 Pound 8 Ounce Cheese, blue
- 1 1/2 Cup Walnut Pieces

1. For each serving: Spread one pita round with 1 rounded tal ounces Provorella, and sprinkle with 1 ounce blue cheese crun
2. Broil or bake at 500 degrees F for 5 to 7 minutes until chee
3. NOTE: So rich that a couple pieces per person should be an upscale offering; grapes and fruit juices, sparklers or spritz

Blue Cheese Pizza Pitas
Printer Friendly

Nutrition Information
Serving size 1 Pizza (168 grams)

Amount Per Serving

Calories 560

	% Daily Value*
Total Fat 36g	46%
Saturated Fat 20g	98%
Trans Fat NA	
Cholesterol 80mg	26%
Sodium 1170mg	51%
Total Carbohydrate 32g	12%
Dietary Fiber 3g	9%
Total Sugars 2g	
Includes NA Added Sugars	NA
Protein 29g	
Vitamin D 0.4mcg	2%
Calcium 675mg	50%
Iron 1.90mg	10%
Potassium 210mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Nutrition Information Detail Report

https://enutrition.sysco.com

Application Version 19.6.100.1355

Blue Cheese Pizza Pitas

Key Name: 0000013148

Yield: 24 1 Pizza
 Serving Size: 1 Pizza
 # of Servings: 24

Nutrient Details

Ingredient Name	Nutrition Item	Nutr. Source	Nut. ID	Qty	Unit	Gram Weight	Nut. Yield	Net Weight	Total Calories (Cal)	Calories from fat (fat Cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Protein (g)	
Athentic Bread Pita Pckt Plain 6	Athentic Bread Pita Pckt Plain 6	Manufacturer	1586874	24	Each	1360.776	1	1360.776	3,617	310.00	34.45	8.612	0.000	0	7,062	671.78	51.7	17.22	137.80	
Cream Cheese, Softened	Cheese cream	USDA Database	01017	1	Pound	453.592	1	453.592	1,588	1,406.00	156.22	91.685		458	1,424	25.04	0.0	17.06	27.90	
Provolone Cheese, Shredded	Cheese provolone	USDA Database	01035	3	Pound	1360.776	1	1360.776	4,776	3,260.00	362.24	232.393		939	11,920	29.12	0.0	7.62	348.09	
Cheese, blue	Cheese blue	USDA Database	01004	1.5	Pound	680.388	1	680.388	2,402	1,760.00	195.54	127.022		510	7,797	15.92	0.0	3.40	145.60	
Walnut Pieces	Nuts walnuts english	USDA Database	12155	1.5	Cup	170.097	1	170.097	1,112	998.00	110.92	10.420		0	3	23.32	11.4	4.44	25.91	
Total Recipe Weight:	Stated Recipe Yield:	4,082.328 grams				4,025.629		4,025.629	13,495	7,734.00	859.37	470.132	0.000	1,907	28,206	765.18	63.1	49.74	685.30	
Recipe Yield Variance: $[ABS(1 - ((Net Recipe Yield) / (Stated Recipe Yield))) * 100 \%]$ $= ABS((1 - (4025.629 / 4082.33)) * 100 (\%)) = 1.39 \%$																				
Nutrients per Serving Size (Unrounded):									1 Pizza = 170.097 grams (Stated)	570	326.79	36.31	19.865	0.000	81	1,192	32.33	2.7	2.10	28.96
Nutrients per Serving Size (Rounded):									1 Pizza = 170.097 grams (Stated)	570	330	36	20	0	80	1190	32	3	2	29



Nutrition Report

Nutrients Per Serving																													
SUPC	Description	Pack Size	Brand	Household Serving Size	Serving Size (g)	Calories (kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)														
4015657	Applesauce Fancy	6/#10	Sys Cls	1/2 cup	126.00	90.00	0.00	0.00	0.00	0.00	15.00	23.00	2.00	18.00	0.00														
1434695	Bacon Canadn Sty	4#4#AV	FarmInd	2 oz	56.00	60.00	2.50	1.00	0.00	25.00	750.00	1.00	0.00	1.00	9.00														
3282797	Bagel Cinnamon Mini	72/2.43OZ	Pillsby	1 package	69.00	240.00	6.00	2.50	0.00	10.00	180.00	41.00	2.00	13.00	6.00														
4062337	Bean Garbanzo Fcy No Sulfite	6/#10	Sys Cls	1/2 cup	130.00	135.20	2.08	0.00	0.00	0.00	145.60	20.80	6.24	1.04	7.28														
5882311	Bean Refried Vegetarian	6/#10	Casasol	1/2 cup	113.00	121.69	1.74	0.00	0.00	0.00	391.15	19.12	6.08	0.35	6.95														
2606093	Cereal Frosted Flakes	48/2 OZ.	Malt Om	1 bowl	56.00	220.00	0.00	0.00	0.00	0.00	320.00	50.00	1.00	22.00	3.00														
Kosher		Gluten-Free		Ingredients													Milk	Eggs	Fish	Shellfish	Tree Nuts	Wheat	Peanuts	Soybeans	NI MANUFACTURER				
Yes		Apples, corn syrup, high fructose corn syrup, water, ascorbic acid																											
		Fresh boneless pork loins, cured with water, salt, dextrose, sodium																										Farmland Foods Inc	
		Whole Wheat Flour, Water, Enriched Flour (wheat flour, malted bar													Yes						Yes								General Mills, Inc.
Yes		Prepared Garbanzo Beans, Water, Salt, Calcium Chloride Added to																											
Yes		Cooked pinto beans, water, canola oil, salt.																											
Yes		Milled corn, sugar, salt, malt extract, corn syrup, vitamin C (ascorb																			Yes			Yes				Malt-o-meal	

Nutrition data per serving

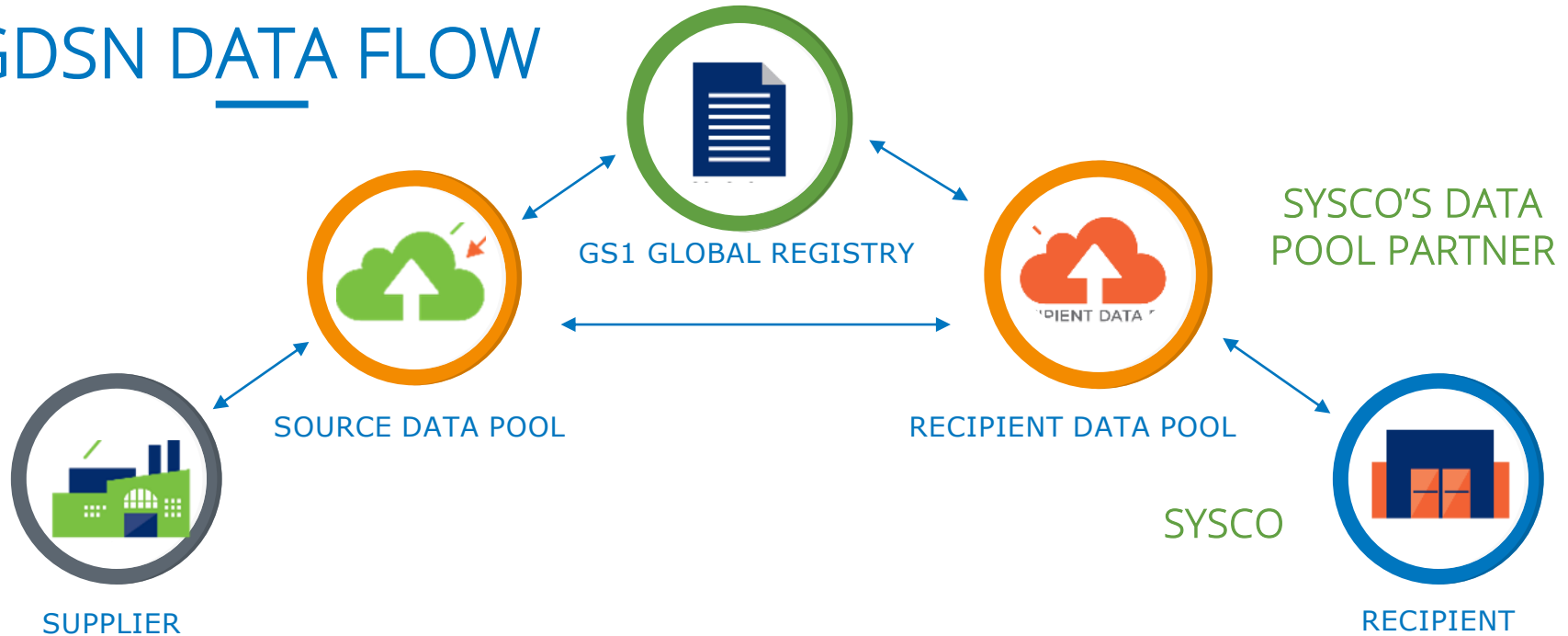
Attributes

Ingredient Statement

Big 8 Allergens

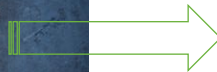
The Global Data Synchronization Network (GDSN) is an automated, standards-based, global, virtual network that enables secure and continuous data synchronization.

GDSN DATA FLOW

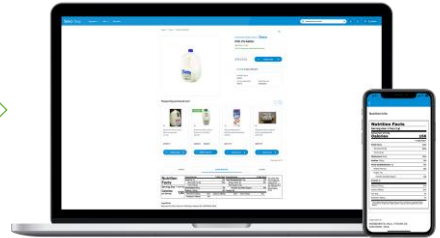




Good things
come from
Sysco[®]
eNutrition



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K-12 RESOURCES

CN* Label / PFS** Documentation

- Compilation of supplier documents accessible via internal Sharepoint
- Meal equivalencies available via eNutrition/nutrition report
- Contact NBNutritionInfo@sysco.com with questions

*CN Label = Child Nutrition Label

**PFS = Product Formulation Statement

Good things come from Sysco eNutrition

Contact Us Help Log Out

SYSCO eNutrition > Search Food Products Only > Product Detail

Pollock Brd Wg Wdg O/r 3.6 Oz

SUPC: 2058749
GTIN: 00028029183207
MPC: 418320

Pack/Size: 1/10 LB
Nutrition Source: Manufacturer
Manufacturer: Trident Seafoods
Brand: Trident

Ingredients: 71.3 % FISH (ALASKA POLLOCK), 28.7% BATTER & BREADING (WHOLE WHEAT FLOUR, WATER, ENRICHED FLOUR [FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], FOOD STARCH-MODIFIED, YELLOW CORN FLOUR, SUGAR, SALT, IODIZED SALT, WHOLE YELLOW CORN FLOUR, YEAST, DEXTROSE, SOY FLOUR, LEAVENING [BAKING SODA, SODIUM ALUMINUM PHOSPHATE], MONO AND DIGLYCERIDES, SPICE EXTRACT, SPICE, GUAR GUM, EXTRACTIVES OF PAPRIKA). PARFRIED IN SOYBEAN AND/OR CANOLA OIL. CONTAINS FISH (ALASKA POLLOCK), WHEAT, SOY.

Allergens: Fish, Soy, Wheat

Child Nutrition

Nutrition Information

School Equivalents		ID#:092144
Portion Size: 3.6 oz.		
Child Nutrition Label:		Yes
Product Formulation Statement:		No
Meat/Meat Alt:	meal equivalencies →	2.000 oz eq
Grain/Bread:		1.000 oz eq
Fruit:		N/A cup
Vegetable:		
Red/Orange:		N/A cup
Dark Green:		N/A cup
Starchy:		N/A cup
Beans/Peas:		N/A cup
Other:		N/A cup
Notes:		
One precooked breaded fish portion (3.6 oz. each) provides 2.00 oz. equivalent meat and 1.00 oz equivalent grains for Child Nutrition Meal Pattern Requirements.		

How to Request:

eNutrition access

The Dish → Apps → My Service Portal

Requesting Access to eNutrition

Step 1: Navigate to **The Dish** and select the **APPS** icon.

Step 2: Open **My Service Portal**.

Step 3: Type **"eNutrition"** in the search box and select **eNutrition Access Request**.

Step 4: Who is this request for? Select **Myself**. Only select **Someone else** if requesting access for another associate.

Step 5: Access type—select **Associate or Customer**. If you select **customer**, you will need your customer's account information.

Submit

Questions? Email NBNutritionInfo@corp.sysco.com

Nutrition Report

Send request and list of SUPCs (excel attachment) to
NBNutritionInfo@sysco.com

SYSCO'S eNUTRITION PRESENTS

Nutrition Report

Instead of searching eNutrition for each individual product, contact your Sysco Account Manager and ask how you can view nutrition-related data for your items in one spreadsheet.

Nutrients Per Serving		Food Item	Brand	Prepared	Ready to Eat	Serving Size (oz)	Calories	Total Fat (g)	Total Cholesterol (mg)	Total Sodium (mg)	Total Sugar (g)	Total Protein (g)
488212	INDIVIDUAL PULLED CHICKEN SPREAD	12/15/22	MAZOLA	yes	no	3.00	200.00	3.00	0.00	0.00	0.00	0.00
888284	W/STO CHICKEN SALAD	1/16/23	STIR KOP	yes	no	3.00	160.00	3.00	0.00	0.00	0.00	0.00
288294	W/STO CHICKEN FRESH HEAT SPREAD	1/17/23	SEVYLO	yes	no	3.00	30.00	0.00	0.00	0.00	0.00	0.00
791207	SMATTER MAY DRESS GARLICSS 6.5	1/17/23	SOLDIPT	no	no	3.00	300.00	0.00	0.00	0.00	0.00	0.00

Spreadsheet format allows identification of specific nutrients or allergens. Sort report by product attributes or diet types, like Kosher, Gluten Free, Vegetarian or Halal.

To request a nutrition report:
Sysco Associates: Email your list of SUPCs as an excel attachment (non-food categories removed) to NBNutritionInfo@sysco.com
Customers: Contact your Sysco Sales Consultant for assistance.