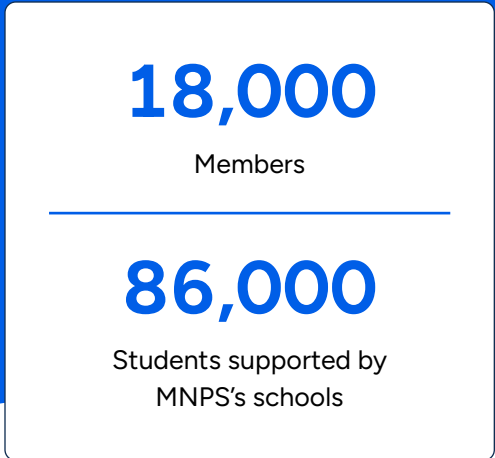




Metro Nashville Public Schools partner with Virta to reverse diabetes, prediabetes and obesity

In just 180 days, MNPS members experience blood sugar improvements and clinically-significant weight loss while eliminating close to half of diabetes medications



Metro Nashville Public Schools, the nation's 42nd largest school district based in Tennessee, was concerned about the high prevalence of obesity and diabetes in their population. Headquartered in the southeastern United States, these conditions were a top driver of costs and significantly impacted the quality of life of their members.



When traditional diabetes and obesity approaches failed to move the needle, MNPS sought out Virta as an alternative. MNPS launched Virta to all 18,000 of their benefits eligible lives in January 2023. In Virta, MNPS found a solution that could provide comprehensive coaching support to members with diabetes, prediabetes, and obesity, deliver results quickly, and change lives for the long-term.

"Virta stood out from the very beginning because they offered multiple programs within metabolic health. Because we rolled out that whole suite of options for our members, we got more bang for our buck, and more inclusivity for members to engage with the program.



Our population is hard to engage with, and so offering programs that vary in the way that they approach taking care of members health is important to us. A one-size-fits-all approach doesn't work for our population. Virta is filling a gap."

Johnsie Holt
Director of Employee Wellness
Metro Nashville Public Schools

Virta products used



Type 2 Diabetes Reversal



Prediabetes Reversal



Clinical Weight Loss

In choosing Virta, MNPS chose:

Transformative Outcomes that Last

Virta delivers unmatched outcomes for our members—helping people reverse type 2 diabetes, prediabetes, and obesity. Our personalized, continuous, and virtual care approach accounts for your population's unique needs and preferences, and makes results last.

Results, Not Promises

Virta puts 100% of fees at risk in year 1 and only gets paid if we are successful.

An Evidence-based Approach

Virta is founded on decades of research supported by ongoing clinical studies. Our research is peer-reviewed and included in the American Diabetes Association's evidence based standards of care as a first line therapy for type 2 diabetes.



Over 180 days, Virta has helped MNPS employees reverse their metabolic disease and lose weight

| Type 2 Diabetes Reversal | Prediabetes Reversal | Clinical Weight Loss |
|---|--|--|
| -0.9 Average eA1c change for members; from 7.7 to 6.7% | 48% Achieved clinically significant weight loss | 52% Achieved clinically significant weight loss |
| 45% Medications eliminated | 22.7 lbs Average weight loss per member who lost a clinically significant amount of weight | 24.5 lbs Average weight loss per member who lost a clinically significant amount of weight |
| 57% Of members completely eliminated insulin | | |

Virta internal EMR data for MNPS member population with type diabetes (n=38), prediabetes (n=54), or obesity (n=31) registered as of 6/01/23 and enrolled ≥ 180 days at time of analysis. Baseline HbA1c was laboratory measured. In the absence of follow-up laboratory data, eA1c is derived from a proprietary model which estimates A1c on each day based on baseline information and actual biomarker data recorded on each member in the last 120 days. The median absolute error is 0.23. Missing eA1c on given day of measurement includes 4 members with type 2 diabetes. Medication data includes all diabetes medication other than metformin. Members prescribed multiple drugs within the same class are counted as one prescription and only considered eliminated with both drugs are deprescribed. Data as of 12/11/23.

Reversal is life-changing. MNPS members say it best.



“Patients who have chosen to pursue Virta are sticking with it and jumping in with both feet. It’s encouraging to see such strong results so early within just 90 days, and really speaks to the program.”

Johnsie Holt
Director of Employee Wellness
Metro Nashville Public Schools



“Virta stands out from others because of their results. Virta’s enrollment exceeded our expectations — they came into a crowded field and were able to garner a lot of attention and get good results from a population that can be hard to move.”

David Hines
Executive Director of Benefits
Metro Nashville Public Schools



“I’ve lost nearly 20 pounds, reduced my diabetes medication, and I’m on the lowest level cholesterol medication available. I am grateful for the changes I’ve made and have a renewed sense of optimism!”

Dr. Sue
Virta member and MNPS employee

Virta’s Public Sector Clients



How Virta Works

Continuous, personalized care. Right in your hand.

Virta is a leading virtual clinic proven to reverse diabetes, prediabetes, and obesity

Provider-led care when and where members need it

Powered by technology, Virta physicians, nurse practitioners, and coaches provide expert medical care via Virta's custom-designed app and medical records system.



A personalized low-carb approach that works

Our personalized approach helps members lose weight while improving blood sugar with fewer or no medications.

Working with Virta is easy

Three performance guarantees:

A1c Target¹

1.0 Reduction

Weight Target

5% Weight Loss

Diabetes Rx Target¹

40% Cost Reduction

What you don't pay for:

Implementation

Non-participants

Engagement



Launch anytime, including off-cycle



Bill through claims or invoicing



No additional implementation work needed



Virta handles all patient marketing and onboarding

Learn more about Virta

Discover how Virta is helping set a new standard in medical care for people living with type 2 diabetes, prediabetes, and obesity.

Save money and transform your organization's health.

1. Applies to T2D product only